

Good Health is Priceless
Be Well Using Natural Therapies

**You are invited on Saturday 6th October between
10am and 3pm to find out how natural therapies can
boost your health.**

FREE introductory sessions in:

Reflexology, Reiki

Crystal Chakra Balance, Indian Head Massage

Chiropractic Spine Checks & Posture Analysis

Fear of needles? Experience acupuncture

12.00 – “Introduction to Mindfulness” 1 hr. session.

**Come and chat to our therapists to find out more
about food intolerances, losing weight, homoeopathy,
and persistent health problems which refuse to go
away.**

Available at our Clinic:

*Acupuncture, Allergy Therapy, Chiropractic, Mc Timoney Chiropractic,
Counselling, Crystal Therapy, Gestalt Psychotherapy, Homoeopathy,
Hypnotherapy, Massage, Nutrition for Health, Reflexology, Reiki, Smoking
Cessation.*

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